

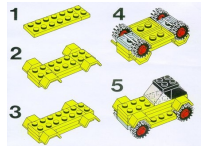


## Ymyrraeth LEGO

Hybu datblygiad sgiliau  
cymdeithasol a ieithyddol

### Mae yn

- Strwythuredig
- Aml-synhwyrdd
- Hwyl
- Arwain at lwyddiant
- Adeiladu sgiliau a hyder



### Amcanion

- Gwella cymhelliant i gychwyn cyswllt cymdeithasol ag eraill
- Cynyddu'r gallu i gynnal rhyngweithiad gydag eraill am gyfnod o amser
- Ymarfer sylw, gwrando, cymryd tro, rhannu, amynedd ar y cyd.
- Datblygu sgiliau cydweithredu, negodi a datrys problemau ar y cyd
- Ymestyn iaith gyfarwyddiadol fwy manwl gywir
- Lleihau anawsterau ymddygiadol
- Ffurio cymuned a chyfeillgarwch

### Y sesiwn

- Sesiynau o 30-40 munud
- 10 munud i bob rôl
- Grwpiau rhwng 2-3
- Un neu ddau sesiwn wythnosol.



### Pob sesiwn i gynnwys cyfle i:

- bob plentyn fod yn beiriannydd
- bob plentyn fod yn ddarganfyddwr darnau
- bob plentyn fod yn adeiladwr
- drafod y rheolau
- drafod y model ar ôl gorffen.



### Rôl yr oedolyn

- Sicrhau bod y prosiect/adeiladwaith yn gyraeddadwy.
- Atgoffa'r plant o strategaethau defnyddiol.
- Amlygu unrhyw broblemau a hwyluso datrys problemau.



## LEGO Intervention

Boosts development of social and  
language skills

### It is

- Structured
- Multi-sensory
- Fun
- Leads to success
- Builds skills and confidence



### Aims

- Improve motivation to initiate social contact with others
- Increase ability to sustain interaction with others for a period of time
- Practice joint attention, listening, turn taking, sharing, patience,
- Develop co-operation, negotiation and joint problem solving skills
- Extend more precise instructional language
- Reduce behavioural difficulties
- Form communality and friendships

### The session

- Sessions of 30-40 minutes
- 10 minutes for each role
- Groups of between 2-3
- One or two weekly sessions.



### Every session should contain

- each child to take role of engineer
- each child to take role of part-finder
- each child to take role of builder
- discuss the rules
- discuss the model after completion

### Role of adult

- Ensure the project/construction is achievable.
- Remind children of helpful strategies
- Highlight any problems and facilitate problem solving.