

**Bwydlen Wythnos yn dechrau 16 / 01 / 2023 - Menu Week Beginning 16 / 01 / 2023**

<b>Dydd Llun 16 / 01 / 2023</b>	<b>Dydd Mawrth 17 / 01 / 2023</b>	<b>Dydd Mercher 18 / 01 / 2023</b>	<b>Dydd Iau 19 / 01 / 2023</b>	<b>Dydd Gwener 20 / 01 / 2023</b>
Peli Cig Saws Tomato Ffyn Llysiau	Cyw Iâr wedi'i grilio Tatws Ciwb Cras Ffa Pob	Cawl Bara Crystiog	Cyw Iâr Stwffin Tatws Moron Grefi	Byseidd Pysgod Sglodion Pys
Crymbl a Chwstard	Rholyn Sbwng Hufen Ia	Cacen a Saws Siocled	Myffin a Sudd	Cacen Siocled a Llaeth

<b>Monday 16 / 01 / 2023</b>	<b>Tuesday 17 / 01 / 2023</b>	<b>Wednesday 18 / 01 / 2023</b>	<b>Thursday 19 / 01 / 2023</b>	<b>Friday 20 / 01 / 2023</b>
Meatballs Tomato Sauce Vegetable Sticks	Chicken Grill Crispy Potato Cubes Baked Beans	Cawl Crusty Bread	Roast Chicken Stuffing Potatoes Carrots Gravy	Fish Fingers Chips Peas
Crumble and Custard	Ice Cream Sponge Roll	Cake and Chocolate Sauce	Muffin and Juice	Chocolate Cake and Milk